



## Susan M Barber Coaching & Consulting, LLC

Empowerment & Leadership Coaching, Leadership Development, IT Consulting

*Creating Leadership Connections*

# Do Something Great Today!

My sister gave me a gift for Christmas that is one of those pieces of wood that has an inspirational saying on it. The words on it say "Do Something Great Today." I put it in a place that I can see every day. I have found it to be a good reminder and it has inspired me to get a lot of things crossed off my to do list.

Generally, I am one of those people who needs the pressure of a due date or being accountable to someone to get something done and be able to really focus on it. Some examples would be writing a presentation the day before it is due or packing for a trip the morning I am leaving. (This tends to drive my husband crazy since he is a planner and packs two days early for trips.) This approach has always worked for me and it seems to come out better when I do it that way. I am not proposing that anyone else do this if it doesn't work for you.

Which type are you? Do you plan everything out or do you avoid planning at all times? Not everyone works in the same way. The planners can drive the non-planners crazy and vice versa. It is important that you understand yourself and your own style. Find out the style of the people on your team. Not to change people, but so you can better understand how they do their work. The good thing is that these styles are not totally inflexible. I have seen both of these styles flex as needed for the good of the team or to accomplish a goal.

A few days ago I sent out a blog on the process of choosing a word or words as your theme for the year. Have you thought about doing this for 2017? Sharing what you want, getting help from others and being accountable is a good way to ensure you continue to make progress on what you want to achieve this year. I have set up a challenge starting tomorrow in the [Creating Leadership Connections FB Group](#) for people to share their theme and words they chose with the group, get support and have a monthly check in on their progress. We would love to have you be a part of the challenge and we don't care whether you are a planner or a non-planner!