

8 LESSONS IN LEADERSHIP TO HELP YOU GROW AND DEVELOP

Learning from others is the best way to accelerate your own leadership growth. How will you apply these lessons to your leadership and show up as the leader you were meant to be?

by Susan M Barber



1 BE YOUR AUTHENTIC SELF

How much energy are you spending trying to be what others may want you to be? Determine who you are and what you stand for. Stand up and share your ideas. Use your unique strengths and be yourself.



2 DON'T LET CRITICS IMPACT YOU!

When people criticize you, it is coming from their own insecurities and fears. They are afraid to take the risk that you are taking. Don't let that stop you from achieving your goals.

3 SELF-PROMOTION IS IMPORTANT

Don't see it as bragging. It is one of the best ways to let people know what you are doing. You can also find ways to promote others and have them promote you.



4 ASK FOR HELP!

Don't try to do everything by yourself. Asking for help is much smarter to help you gain more perspective and accomplish things faster. See it as a sign of strength, not weakness.

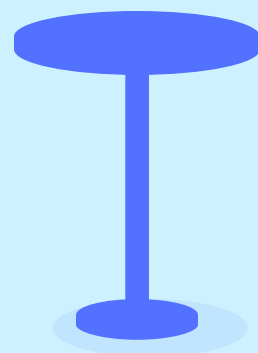
5 WATCH YOUR LANGUAGE!

Are the words you are using minimizing your skills and capabilities? Using words or phrases like "I think, just, is it okay, apologetic" signals a lack of confidence or that you are asking for permission.



6 YOU DESERVE TO SIT AT THE TABLE

No matter what your title is make sure you are sitting at the table. You have a voice and what you have to say is important; don't be afraid to share it.



7 THE BEST WAY TO LEARN AND GROW IS THROUGH FAILURE

The best lessons come from the failures that you have and how you rise up from them. What response will you take after a failure? What have you learned? It shows that you are willing to take risks, be innovative and fail forward.

8 ASSUME THE BEST OF OTHERS

There are many reasons why people may say or do things that have nothing to do with you. Challenges that they are facing could be causing them to behave differently than expected. Give them the benefit of the doubt and assume people are trying to do the right thing.

